

How Mindsets Affect Learning



All can learn + _____ =

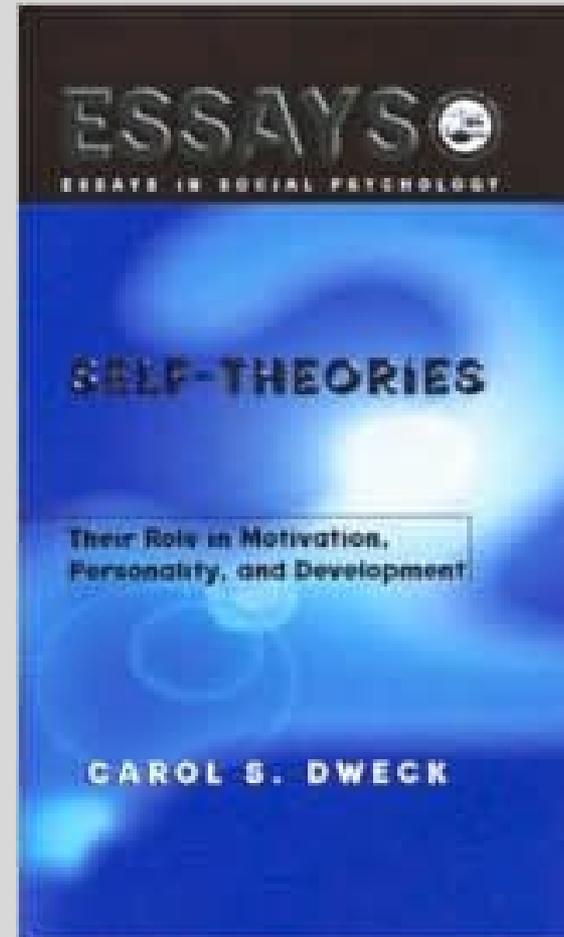
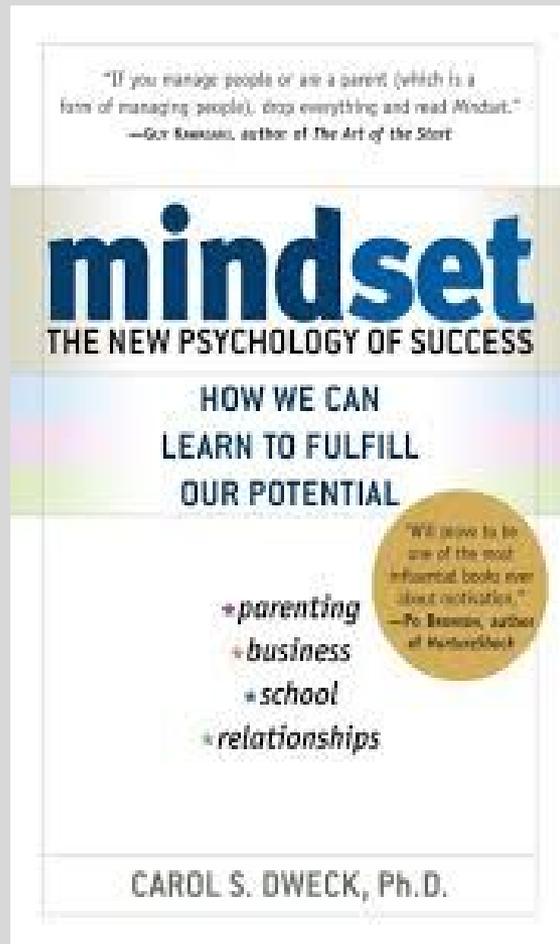
Many don't learn.

—
What goes in the blank?

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—Carol Dweck



“Mindset” {noun}

A set of beliefs or a way of thinking that determines one's behavior, outlook and mental attitude.

Fixed Mindset

Definition: You have a certain amount of intelligence and that is that. It can't be changed! Why would I give effort?



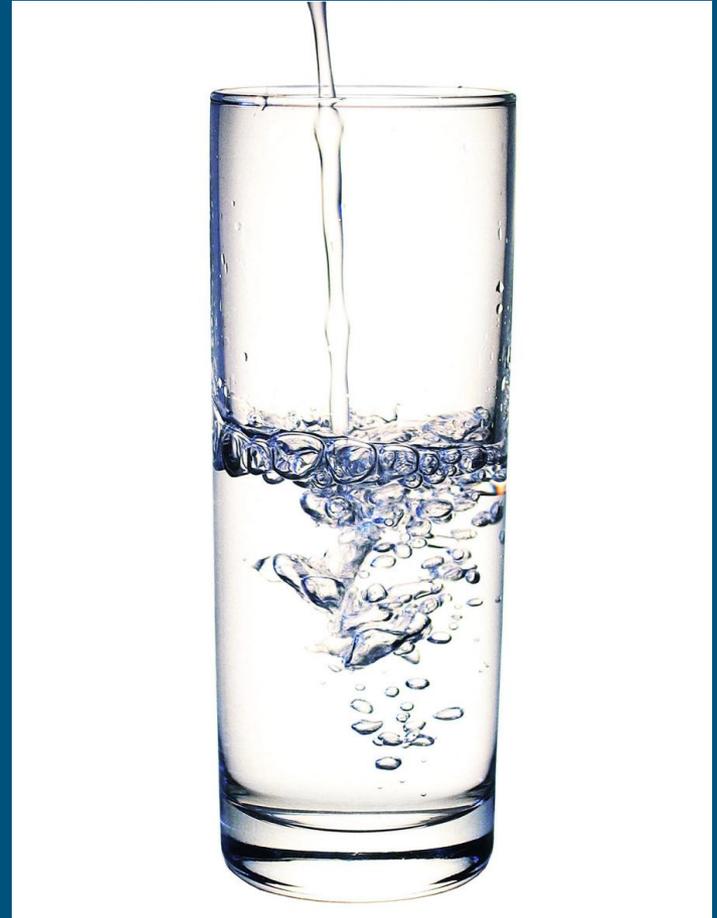
Growth Mindset

Intelligence is not a fixed trait but something that can be cultivated through learning and effort.



It's not about how quickly you can learn something, it is about being able to learn it!

Grass or Glass?





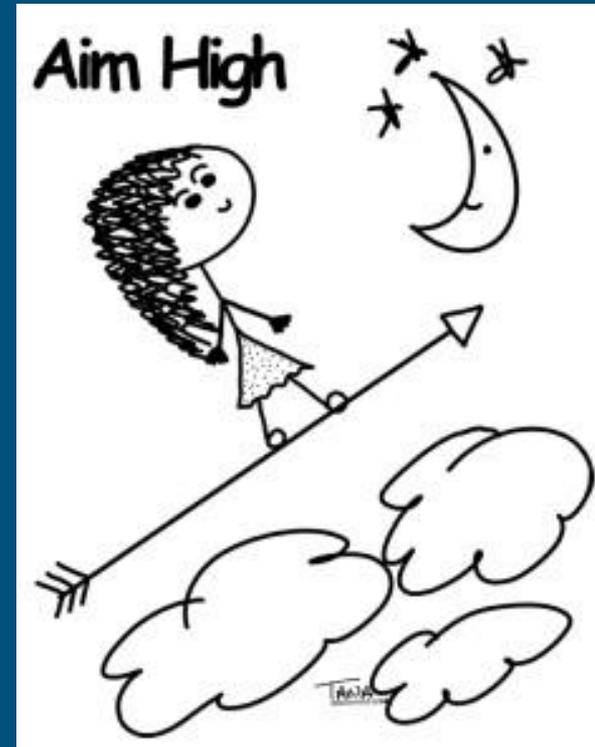


How do we do it?



Establish High Expectations

Let students know you are challenging them *because* you know that ALL of them have the ability to meet those expectations.



Create a Risk-Tolerant Zone

Let your students know that you value challenge-seeking, learning, and effort above perfect performance.

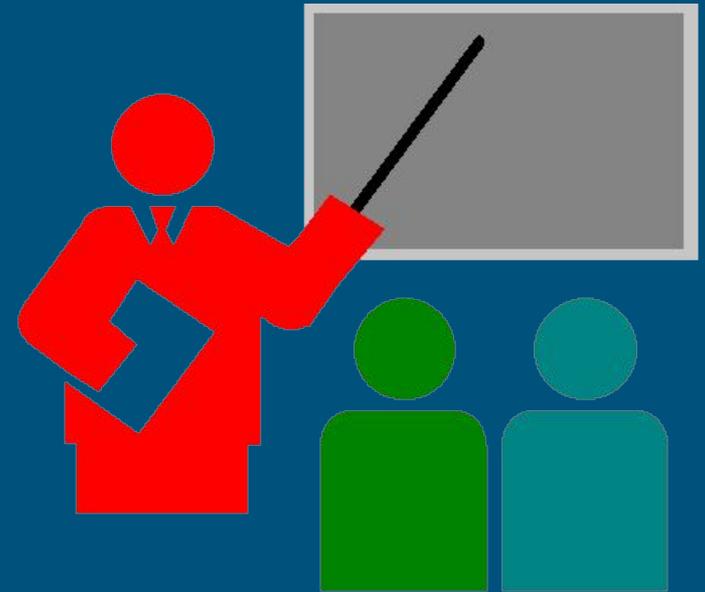


If you've never failed, you've never lived.



Teach About Mindsets

Take time in class to teach students what research says about how we learn and how our mindset affects our achievement and success.



What can we tell kids?

Lesson Ideas:

Classroom examples:

What It Means to be a Learner - Speeches

Marlo Warburton - Love and Structure

My Favorite No - Mistakes are essential!

Resources

[Mindset Language Usage](#)

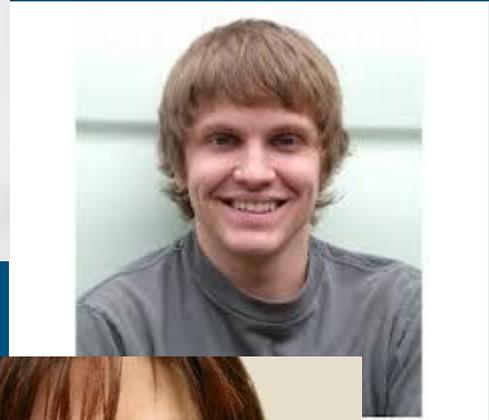
[You Can Grow Your Intelligence](#)

Watch Your Language

What we say matters! What messages are students hearing about their capabilities? Use language that tells students **deliberate, effortful practice** is the key to success.



Believe that everyone can grow.



Create Hope



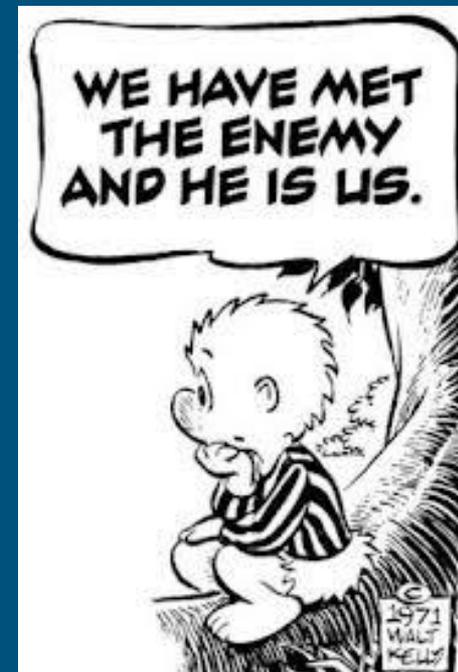
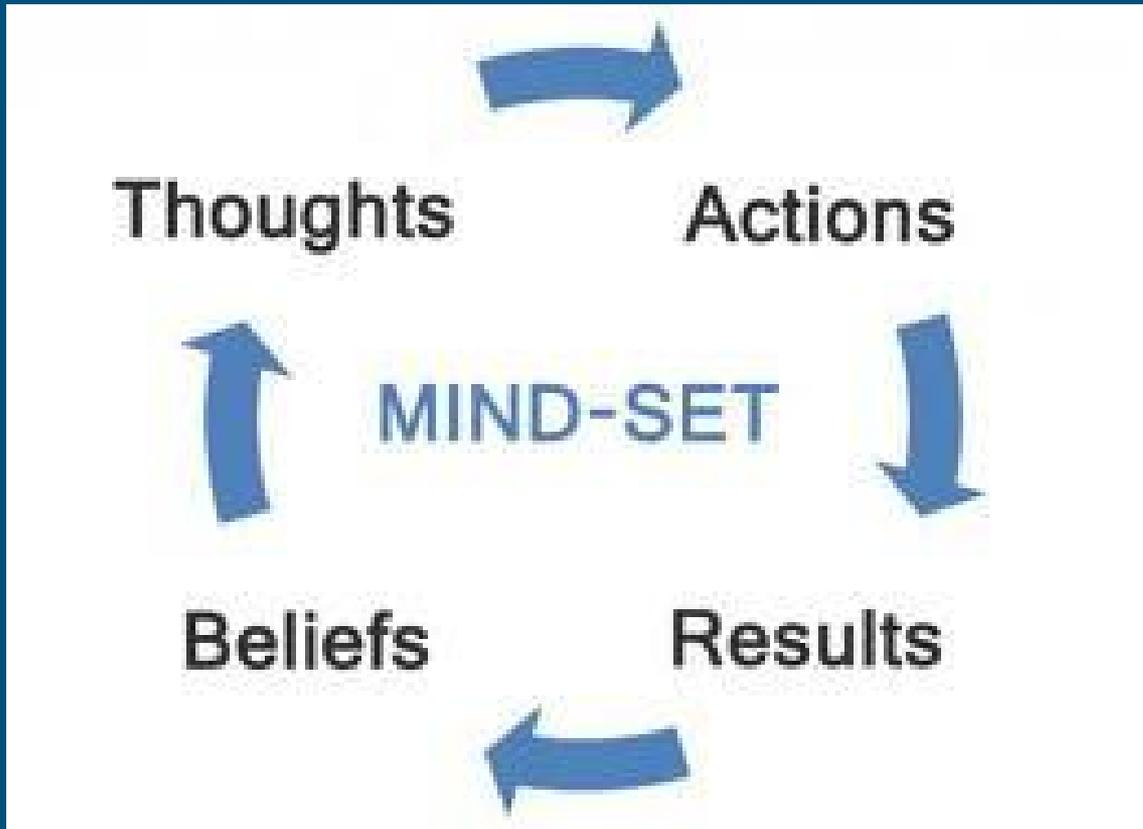


If you think you can catch
the bus, you will run for it.

— Lee Peng Yee



Mindset Matters



If parents (or teachers) want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning.

-Carol Dweck











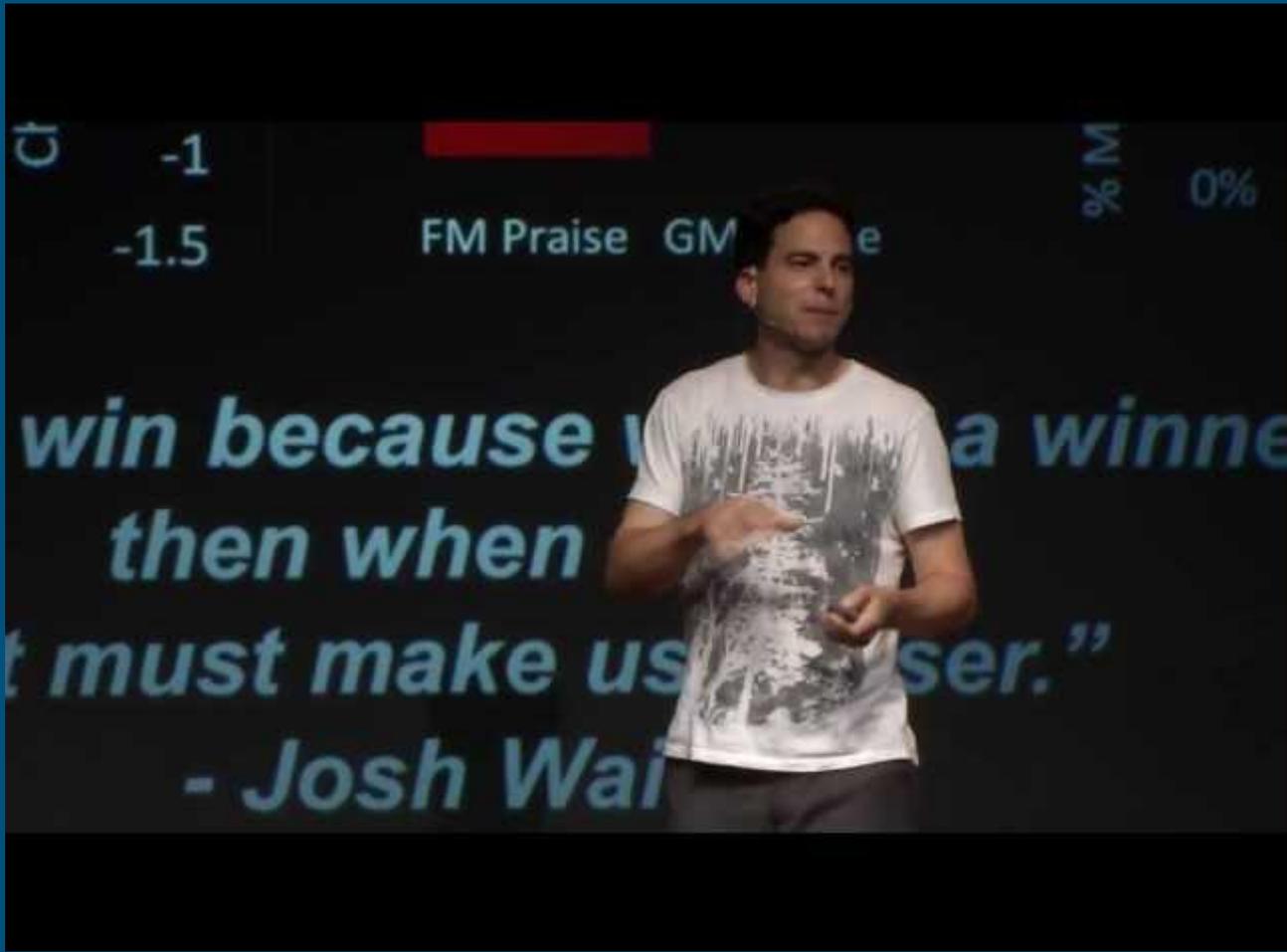
Thank you for coming!

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*win because we are a winner
then when
it must make us a loser."*

- Josh Wainwright